

# The Friendly Bulletin

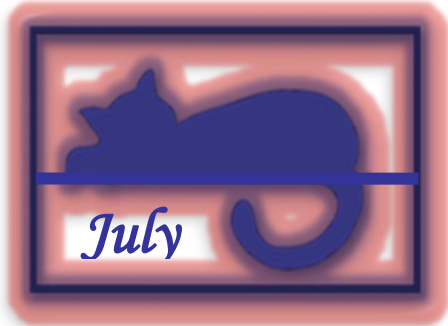
Published by the High Point Friends Meeting since 2020

Home Edition

Week of July 24, 2022

Vol. 121

We have decided to continue this Bulletin for a while because many of us are still at home.



## # Some Things to Try

Make a better effort on Mondays

Go outside early and enjoy the sunshine

Do something that makes you feel good about yourself

De-clutter one area

Turn on the fan

Make some toast & a cup of tea

Find one more thing for the "GO BOX"

Don't forget your 15 minutes of Sketching

Google ART Question:

What is Geometric Art?

## The Funnies/Did You Know Monday

is the only day of the week that is an anagram for a single word, that word being 'dynamo'.

### Surprisingly,

Mondays are the least rainy day of the week. Researchers believe it is due to the decrease in man-made pollution over the weekend.

### One Study

showed that American people of all ages feel at their least attractive on a Monday.

### Quakers

continue to refer to Wednesday as the "Fourth Day" of the week in keeping with the traditional calendar to avoid the pagan associations Wednesday holds.

### The first

appliances that used electricity include the toaster, fan, kettle, and sewing machine.

This Weeks Google Question:

What do you have to pay for well water in CA.?



***We Hold Up in Prayer***  
**Our Homebound Members,**  
**Our Grieving Members,**  
The Families of  
Ronnie Murr, Groome Fulton  
Will Holland & Harry Smith  
**Our Recovering Members**  
Charles Riehs, Carol Pierce,  
JD Dobbins, Linda Embler,  
Nancy Blair & Theron Farlow

## Geometric Artists

Ctrl Click to follow Link

<https://elysecreative.myportfolio.com/projects>

<https://theartling.com/en/artists/natalia-ostapenko/>

<https://www.widewalls.com/artists/maya-hayuk/artworks>

<https://kerbyrosanes.com>

<https://www.widewalls.com/artists/arthur-dorval/artworks>

**There is an Artist in Everyone~Find Yours**

Keep Practicing . . . . .

